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Executive Coaching

You might be feeling...

Disconnected from purpose: not living your values or passion
Stuck or frustrated: burnt out, undervalued
Out of alignment: reacting to others' expectations

Held back: by invisible blocks, fear, scarcity, or imposter syndrome
Doubtful or disillusioned: questioning if its too late, or even possible.

My Clients

Who they are

Visionary entrepreneurs & leaders
Emotionally intelligent & self-aware
Spiritually curious or purpose-driven

What they feel

Disenfranchised but hopeful
Frustrated with the status quo
Misunderstood in traditional systems

What they know

There **must** be a better way
Their intuition is valid
Authenticity is essential

What they seek

New paradigm of leadership & business
Alignment of values and action
Partnerships with like-minded changemakers

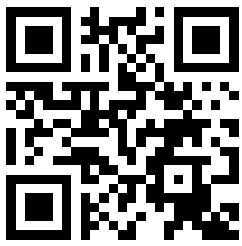
The Solution

What you get:

- 6 x one-hour coaching sessions
- Email/voicenote support between sessions
- Exclusive access to library of resources - available for life.

GET IN TOUCH:

integrityec.co.uk | victoria@integrityec.co.uk | 07739728779



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The Breakthrough

Individual results

- Lead with authenticity and confidence
- Peace of mind you're doing the right things

- Gain agency in your business and life
- Build a lasting legacy and fulfil your purpose.

What's included

Session 1 - Conditions for Success

Review/Assess your strengths and establish the routines and structures you need to succeed.

Session 2 - Setting your vision/intention

Identify what you really want and why it matters to you.

Session 3 - Identify Limiting Beliefs

Uncover the patterns and beliefs that are holding you back.

Session 4 - Breakthrough

Reprogramme your brain and adopt new empowering beliefs.

Session 5 - Growth Pathway

Identify the options and actions to achieve success.

Session 6 - Accountability & Support

Anticipate roadblocks and prepare for how you will overcome.

"I can honestly say your help has been transformative at just the right time".

Sarah, CEO

"It's been a positive experience. As a Director, I appreciated how she made the coaching feel relevant, practical, and tailored to what I needed. We hit all the goals we set at the start. Our sessions gave me fresh perspective on how I lead, will help me communicate more effectively at a senior level, and encouraged me to step back and think more strategically. I feel more confident navigating complex situations, and I've seen a real shift in my thinking. I'd happily recommend Victoria to any senior leader who wants honest, thoughtful support and a fresh perspective. It was lovely to meet you!"

Andrew, Director

"Thank you so much for our last session, it has help me stay more grounded and have better conversations with myself. It was a bit of a highly charged week on many fronts however I valued your challenge, thinking and support. I have [already] felt my stress come down".

Lee, CFO

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